

Goyoza



Preparation

- Heat a little vegetable oil in a saucepan.
 Add ginger and cabbage and cook over a
 medium heat until cabbage is soft and
 liquid has been cooked out, about 10
 minutes. Allow to cool. Stir through
 carrot, pak choy, broccolini, shallots and
 brown sugar.
- Place a small spoonful of cabbage mixture in the centre of each gow gee wrapper.



© Crown Street Public School P&C 2020. All Rights Reserved.

www.crownstreet.com.au

Ingredients

- vegetable oil
- 1 tbsp fresh ginger, peeled and grated
- 2 cups baby wom bok cabbage, finely sliced
- 1 carrots, peeled and grated
- 10 pak choy leaves, washed and finely sliced or snipped with scissors
- 1 broccolini, washed and finely sliced or snipped with scissors
- 2 tbsp finely sliced shallots
- 1 tbsp brown sugar
- 1 packet gow gee wrappers
- soy sauce
- 3. Use your fingers to just wet the edge of the wrapper. Fold over and press down with fingers to seal, try to avoid any air bubbles. Crimp wrappers a few times to help seal.
- 4. Heat a little more vegetable oil in a large non-stick fry pan over a medium heat. Add Goyoza and fry until golden on one side, about 2 minutes. Add enough water to come ½ cm up the sides of the Goyoza. Have a lid ready to cover the fry pan as soon as the water is added as it will spit like crazy. Leave the lid on for 3 minutes. Remove and allow water to evaporate and the Goyoza to fry in the oil again.
- 5. Serve with soy sauce.
- Makes about 30.